

# GARDENSIDE

#### WE ARE OPEN Monday - sunday 7 am - 6 pm Anytime menu offered 7 am - 6 pm

### Tray Delivery upon Request

#### SPECIALS SERVED 7 AM - 9 AM / 11 AM -1 PM / 4 PM - 6 PM

# **ALL-DAY BREAKFAST**

All - Day Breakfast options can be served along with 1 or 2 choices from the Al A Cart Menu.

# Weekly Specials

- M French Toast
- T Biscuits & Gravy
- **W** Pancakes
- **TH Home Fried Potatoes**
- F Omelets
- S Breakfast Casserole
- **SU** Strawberry Waffles

# Cold Cereal

Cherrios / Rice Crispy / Raisin Bran / Corn Flakes served with Milk and Sugar to your tasting.

#### Hot Cereal

Fresh Oatmeal served with your choice of Milk, Brown Sugar, Cinnamon, and Raisins along with a side of toasted White / Wheat / 9 Grain / English Muffin / Raisin Bread of your choice.

#### Bowl & 2 PC Bread or Cup & 1 PC Bread

### Pancakes

Two fresh griddle pancakes served with butter and syrup on the side, served with a Fresh Fruit Slice.

Whole -2 or Half - 1



### Soup of the day

Choose from our weekly rotating soup specials or order from our house Tomato, or Chicken Noodle, soup is served with crackers.

#### Fruit Plate

Cup or Bowl

Seasonal Fresh Fruit paired with your choice of Yogurt or Cottage Cheese. Whole or Half

### <mark>Vegg</mark>ie Plate

Seasonal Fresh Veggies paired with your choice of Yogurt, Cottage Cheese and Crackers.

### Whole or Half

Meat & Cheese Plate Rolled Turkey & Ham Deli Meat, Swiss & Cheddar Cheese Slices and Crackers. Whole or Half



#### **Morning Starter**

2 Eggs any style, 2 Breakfast link Sausage or Bacon, 2 PC of your choice of White / Wheat / 9 Grain / English Muffin / Raisin Bread , served with a Fresh Fruit Slice.

#### Whole - 2 or Half - 1

#### **French Toast**

Traditional French toast prepared with Texas Toast, butter, syrup and served with a Fresh Fruit Slice.

#### Whole - 2 or Half - 1

#### **Breakfast Sandwich**

Fried Egg. Bacon or Sausage, Cheese placed between 2 pieces of English Muffin. Served with a Fresh Fruit Slice.

### **AIA** Cart

Eggs To Order - Scrambled, Fried, Poached (1 or 2) Breakfast Meats - Bacon / Sausage Link (1 or 2) Side of Fruit - Cup Toast - 1 PC or 2 PC Yogurt - Strawberry Banana Cottage Cheese

### Soup & Salad

Combine your favorite salad with a Cup of soup and crackers.

### Chicken Tender Salad

Breaded Chicken Tenders are sliced and placed over a Bed of Mixed Greens, Cucumber, Tomato, Carrots, Cheddar Cheese. Paired with your choice of Dressing.

# Chef Salad

Sliced Ham & Turkey on a bed of Mixed Greens, Cucumber Tomato, Carrots, Cheddar Cheese , Sliced Egg. Paired with your choice of Dressing.

### House Garden Salad

Bed of Mixed Greens, Tomatoes, Cucumbers, Carrots, Cheddar Cheese. Paired with your choice of Dressing.



Salad Dressing Options Ranch Honey Mustard Italian Thousand Island Caesar

#### Sandwiches / Burgers / Baskets are served with a pickle spear and ONE of the following sides Fries Sweet Potato Fries

Plain Chips **BBQ Chips** Frito Corn Chips Fruit Cup SM Garden Salad & Dressing

# **SANDWICHES**

# Deli Ham or Turkey

Your choice of White / Wheat / 9 Grain Bread, Mayo, Mustard, Pickles, Cheddar or Swiss Cheese, Sliced Tomato, or Lettuce.

# **Bacon Lettuce & Tomato**

Your choice of White / Wheat / 9 Grain **Bread lightly toasted with Mayo topped** with Sliced Tomato, Lettuce, and Bacon.

# Grilled Cheese Sandwich -OR-Grilled Ham / Turkey

Your choice of White / Wheat / 9 Grain Bread. Grilled with your choice of American, Swiss Cheese. Add Turkey or Ham to any Grilled **Cheese Sandwich.** 

# DESSERT

### **Special Served with LUNCH or DINNER**

### Chefs Choice Dessert

**Enjoy a variety of weekly Dessert Specials** hand-crafted by our chefs! Having a craving for something? Share it with one of our Dining Staff!

Cookies **Enjoy a variety of Freshly Baked** Cookies. One or Two

# Ice Cream Cup

Your choice of Chocolate, Vanilla, Strawberry, or **Orange Sherbet. Sugar Free Chocolate OR Vanilla** are also available at request.

### Pudding &

Sugar Free Jell-O Ask your dining server for your daily special.

# DRINKS



Water is served with or without ice. Need some lemon? Just ask!

# Lemonade

**Delicious citrus burst Sugar Free** Lemonade.

# **Fruit Juice**

Apple **Orange Juice Grape Juice Cranberry Cocktail** Tomato Juice Flavored Water / Sugar Free

**Guest Meals \$ 5.00** 

# BURGERS

# Hamburger or Cheeseburger

Fresh delicious grilled burger on a toasted bun with all your favorite toppings. Choose from Lettuce, Tomato, Onion, Pickles, American or Swiss Cheese, mayo mustard, or thousand island.

# Garden Burger

Fresh delicious garden burger with all your favorite toppings. -Lettuce, Tomato, Onion, Pickles, American or Swiss Cheese.

# BASKETS

# 2 Strips OR 4 Strips

# Chicken Tender Basket

**Chicken Breast Tenders served with your** choice of favorite dipping sauce.

# SNACKS

# 3 Snacks are available per day.

1/2 Fruit Plate 1/2 Veggie Plate 1/2 Meat / Cheese Plate Cookie 1 or 2 Pudding Jell-O Ice Cream Cup **Chef's Choice Dessert Cup of Soup** 1/2 Sandwich **Cottage Cheese Cup Yogurt Cup Fruit Cup Bag of Chips** Hard Boiled Egg 1 or 2

# Hot Tea

Ask your server for all our available hot tea's.

# Iced Tea

Fresh to order Iced Tea.

### Coffee

Freshly ground coffee beans brewed to your desired strength.

### Hot Coco

Sweet Chocolate Coco served with or without whipped cream. Sugar Free Hot Coco available at request.

# **Carnation Instant Breakfast**

**Carnation Instant Breakfast Shakes are** available for those needing a meal replacement. Your server will coordinate this meal replacement with our Director of Nursing for frequency.

# Due at time of service.



