

GARDENSIDE

WE ARE OPEN Monday - sunday 7 am - 6 pm Anytime menu offered 7 am - 6 pm

Tray Delivery upon Request

SPECIALS SERVED 7 AM - 9 AM / 11 AM -1 PM / 4 PM - 6 PM

ALL-DAY BREAKFAST

All - Day Breakfast options can be served along with 1 or 2 choices from the Al A Cart Menu.

Weekly Specials

- M French Toast
- T Biscuits & Gravy
- **W** Pancakes
- **TH Home Fried Potatoes**
- F Omelets
- S Breakfast Casserole
- **SU** Strawberry Waffles

Cold Cereal

Cherrios / Rice Crispy / Raisin Bran / Corn Flakes served with Milk and Sugar to your tasting.

Hot Cereal

Fresh Oatmeal served with your choice of Milk, Brown Sugar, Cinnamon, and Raisins along with a side of toasted White / Wheat / 9 Grain / English Muffin / Raisin Bread of your choice.

Bowl & 2 PC Bread or Cup & 1 PC Bread

Pancakes

Two fresh griddle pancakes served with butter and syrup on the side, served with a Fresh Fruit Slice.

Whole -2 or Half - 1



Soup of the day

Choose from our weekly rotating soup specials or order from our house Tomato, or Chicken Noodle, soup is served with crackers.

Fruit Plate

Cup or Bowl

Seasonal Fresh Fruit paired with your choice of Yogurt or Cottage Cheese. Whole or Half

<mark>Vegg</mark>ie Plate

Seasonal Fresh Veggies paired with your choice of Yogurt, Cottage Cheese and Crackers.

Whole or Half

Meat & Cheese Plate Rolled Turkey & Ham Deli Meat, Swiss & Cheddar Cheese Slices and Crackers. Whole or Half



Morning Starter

2 Eggs any style, 2 Breakfast link Sausage or Bacon, 2 PC of your choice of White / Wheat / 9 Grain / English Muffin / Raisin Bread , served with a Fresh Fruit Slice.

Whole - 2 or Half - 1

French Toast

Traditional French toast prepared with Texas Toast, butter, syrup and served with a Fresh Fruit Slice.

Whole - 2 or Half - 1

Breakfast Sandwich

Fried Egg. Bacon or Sausage, Cheese placed between 2 pieces of English Muffin. Served with a Fresh Fruit Slice.

AIA Cart

Eggs To Order - Scrambled, Fried, Poached (1 or 2) Breakfast Meats - Bacon / Sausage Link (1 or 2) Side of Fruit - Cup Toast - 1 PC or 2 PC Yogurt - Strawberry Banana Cottage Cheese

Soup & Salad

Combine your favorite salad with a Cup of soup and crackers.

Chicken Tender Salad

Breaded Chicken Tenders are sliced and placed over a Bed of Mixed Greens, Cucumber, Tomato, Carrots, Cheddar Cheese. Paired with your choice of Dressing.

Chef Salad

Sliced Ham & Turkey on a bed of Mixed Greens, Cucumber Tomato, Carrots, Cheddar Cheese , Sliced Egg. Paired with your choice of Dressing.

House Garden Salad

Bed of Mixed Greens, Tomatoes, Cucumbers, Carrots, Cheddar Cheese. Paired with your choice of Dressing.



Salad Dressing Options Ranch Honey Mustard Italian Thousand Island Caesar

Sandwiches / Burgers / Baskets are served with a pickle spear and ONE of the following sides Fries Sweet Potato Fries

Plain Chips **BBQ Chips** Frito Corn Chips Fruit Cup SM Garden Salad & Dressing

SANDWICHES

Deli Ham or Turkey

Your choice of White / Wheat / 9 Grain Bread, Mayo, Mustard, Pickles, Cheddar or Swiss Cheese, Sliced Tomato, or Lettuce.

Bacon Lettuce & Tomato

Your choice of White / Wheat / 9 Grain **Bread lightly toasted with Mayo topped** with Sliced Tomato, Lettuce, and Bacon.

Grilled Cheese Sandwich -OR-Grilled Ham / Turkey

Your choice of White / Wheat / 9 Grain Bread. Grilled with your choice of American, Swiss Cheese. Add Turkey or Ham to any Grilled **Cheese Sandwich.**

DESSERT

Special Served with LUNCH or DINNER

Chefs Choice Dessert

Enjoy a variety of weekly Dessert Specials hand-crafted by our chefs! Having a craving for something? Share it with one of our Dining Staff!

Cookies **Enjoy a variety of Freshly Baked** Cookies. One or Two

Ice Cream Cup

Your choice of Chocolate, Vanilla, Strawberry, or **Orange Sherbet. Sugar Free Chocolate OR Vanilla** are also available at request.

Pudding &

Sugar Free Jell-O Ask your dining server for your daily special.

DRINKS



Water is served with or without ice. Need some lemon? Just ask!

Lemonade

Delicious citrus burst Sugar Free Lemonade.

Fruit Juice

Apple **Orange Juice Grape Juice Cranberry Cocktail** Tomato Juice Flavored Water / Sugar Free

Guest Meals \$ 5.00

BURGERS

Hamburger or Cheeseburger

Fresh delicious grilled burger on a toasted bun with all your favorite toppings. Choose from Lettuce, Tomato, Onion, Pickles, American or Swiss Cheese, mayo mustard, or thousand island.

Garden Burger

Fresh delicious garden burger with all your favorite toppings. -Lettuce, Tomato, Onion, Pickles, American or Swiss Cheese.

BASKETS

2 Strips OR 4 Strips

Chicken Tender Basket

Chicken Breast Tenders served with your choice of favorite dipping sauce.

SNACKS

3 Snacks are available per day.

1/2 Fruit Plate 1/2 Veggie Plate 1/2 Meat / Cheese Plate Cookie 1 or 2 Pudding Jell-O Ice Cream Cup **Chef's Choice Dessert Cup of Soup** 1/2 Sandwich **Cottage Cheese Cup Yogurt Cup Fruit Cup Bag of Chips** Hard Boiled Egg 1 or 2

Hot Tea

Ask your server for all our available hot tea's.

Iced Tea

Fresh to order Iced Tea.

Coffee

Freshly ground coffee beans brewed to your desired strength.

Hot Coco

Sweet Chocolate Coco served with or without whipped cream. Sugar Free Hot Coco available at request.

Carnation Instant Breakfast

Carnation Instant Breakfast Shakes are available for those needing a meal replacement. Your server will coordinate this meal replacement with our Director of Nursing for frequency.

Due at time of service.



